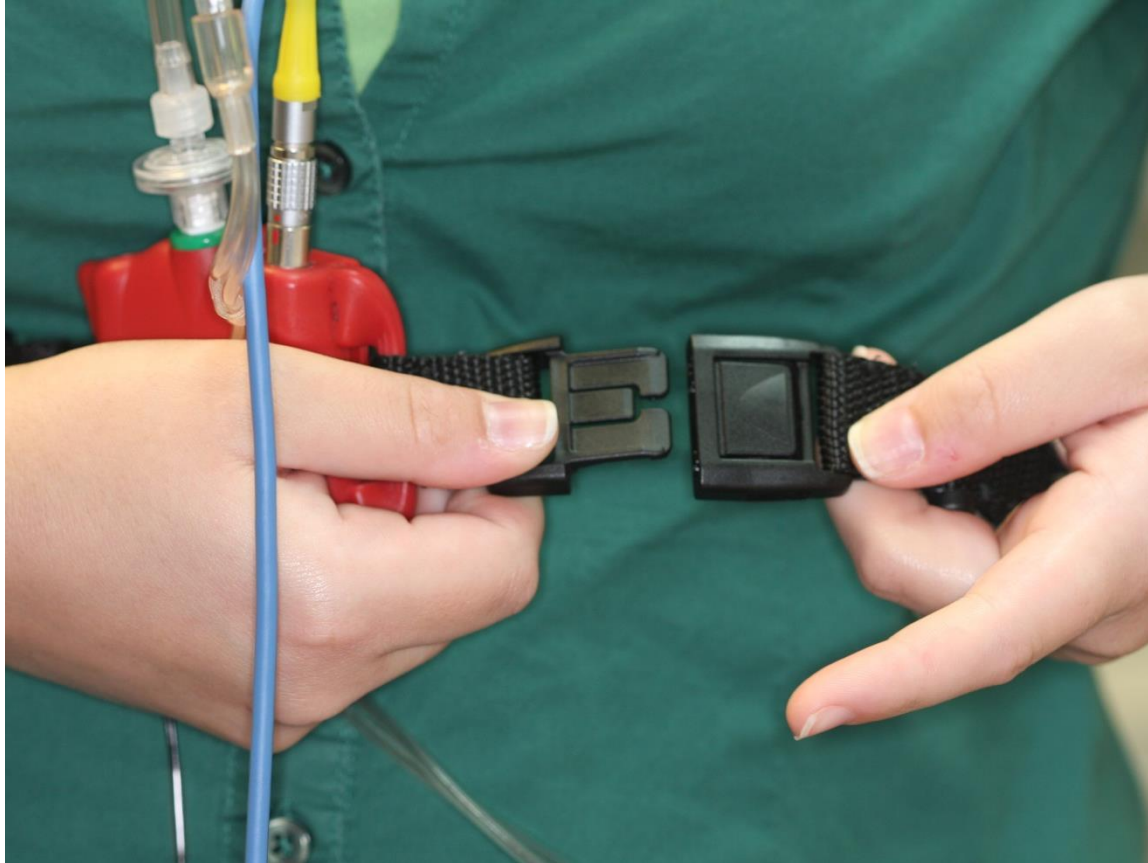
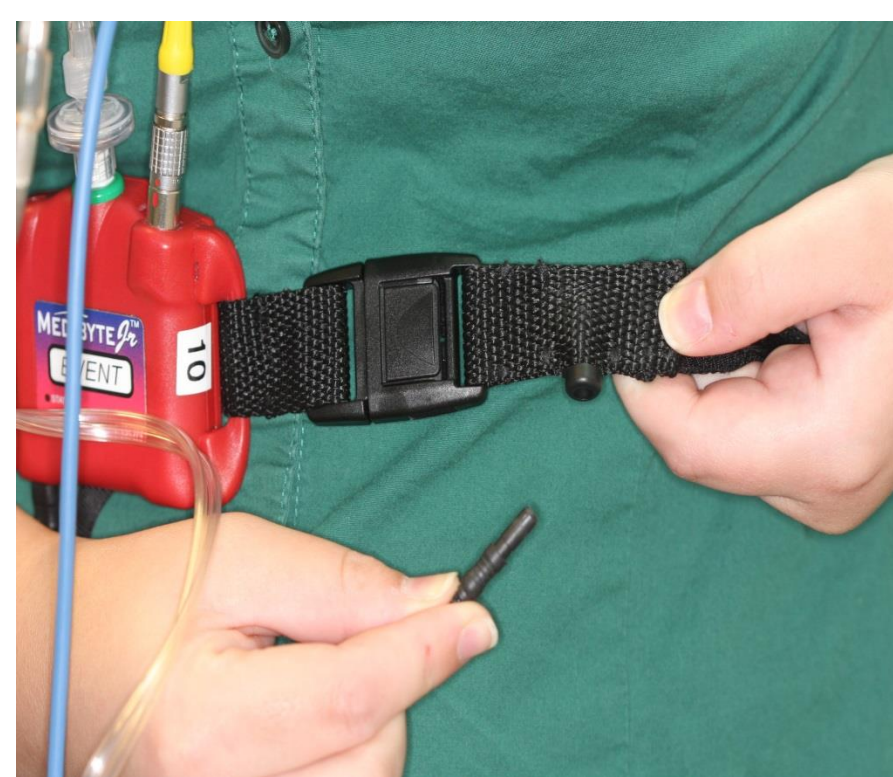




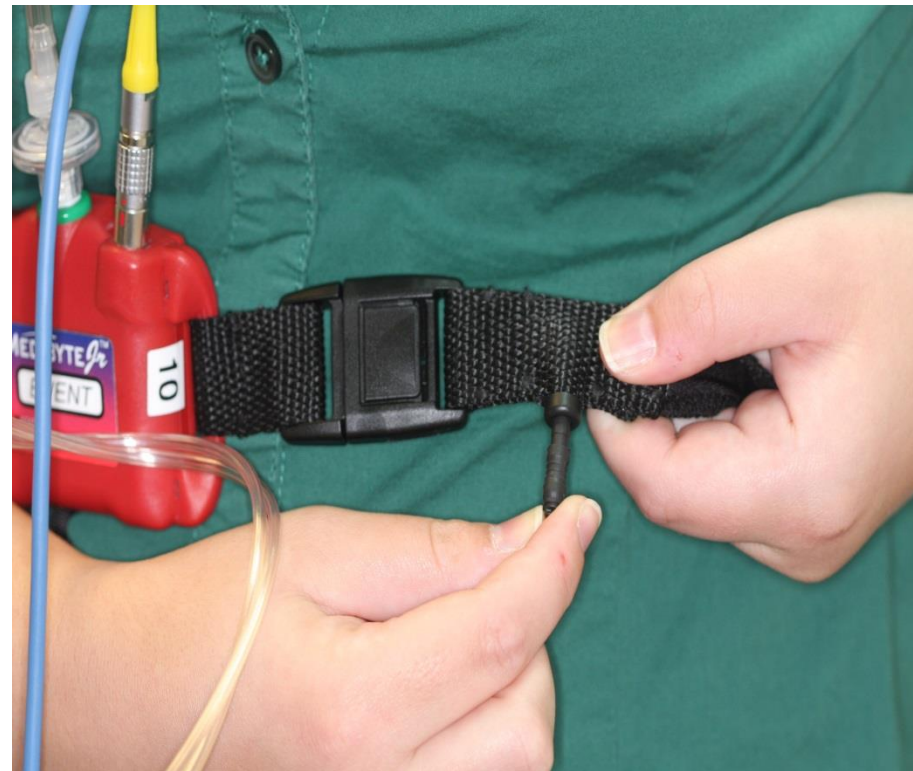
**#1: Place the Belt around Your Chest on top of a t-shirt or tank.**



#2: Clip the Belt together.



#3: Grab the loose wire and bring it towards the belt.



#4: Plug the wire into the slot.

*Hint: We find it easier to string the probe/wire through your shirt collar and down arm to prevent wire getting tangled during sleep.*

#5: Find the raised bump



#6: Squeeze probe together and place over the ring finger of your **NON DOMINANT** hand until the raised bump is over your actual nail. *(If you are right handed place over left ring finger; if you are left handed, place over right ring finger.) Please Note: Take off any rings during this test as well as nail polish.*

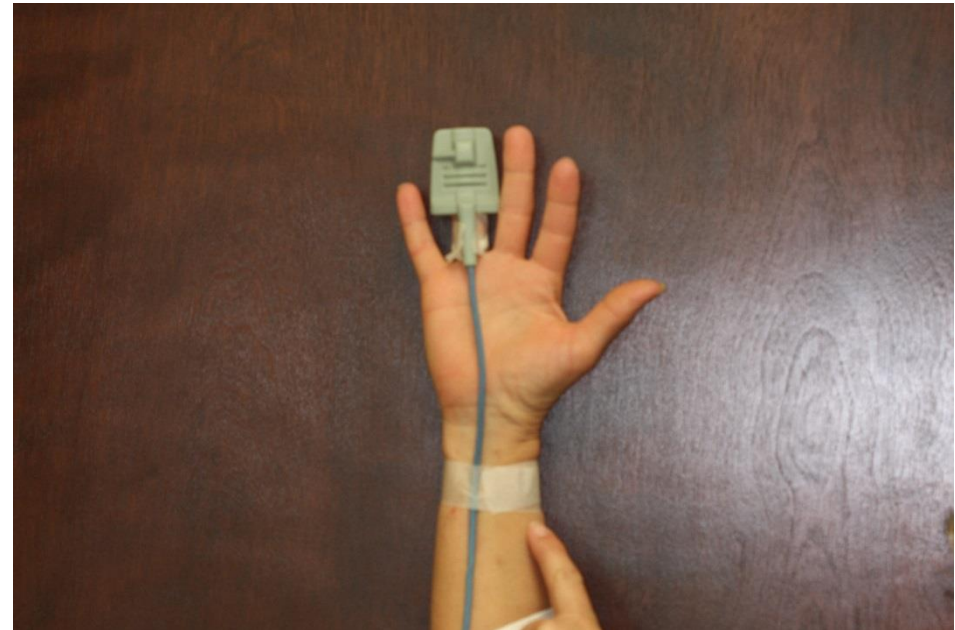




#7: Place tape around your finger to secure the probe in place.

(There is tape inside your bag.)

#8: Place tape around your wrist and/or up arm as needed to prevent getting tangled in wire while sleeping.





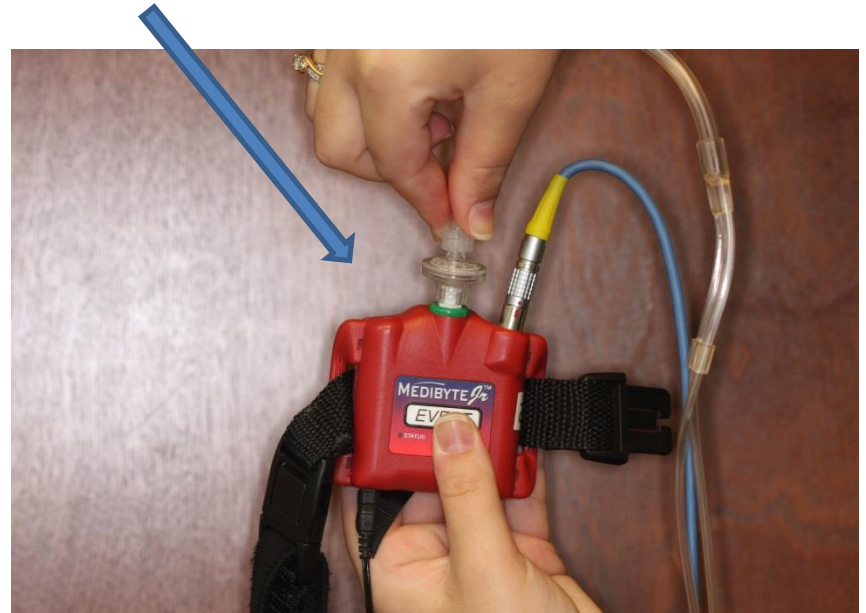
Where to place nasal cannula.  
(If not already inserted.)



Screw in the nasal cannula.



Make sure the top piece is securely fastened.

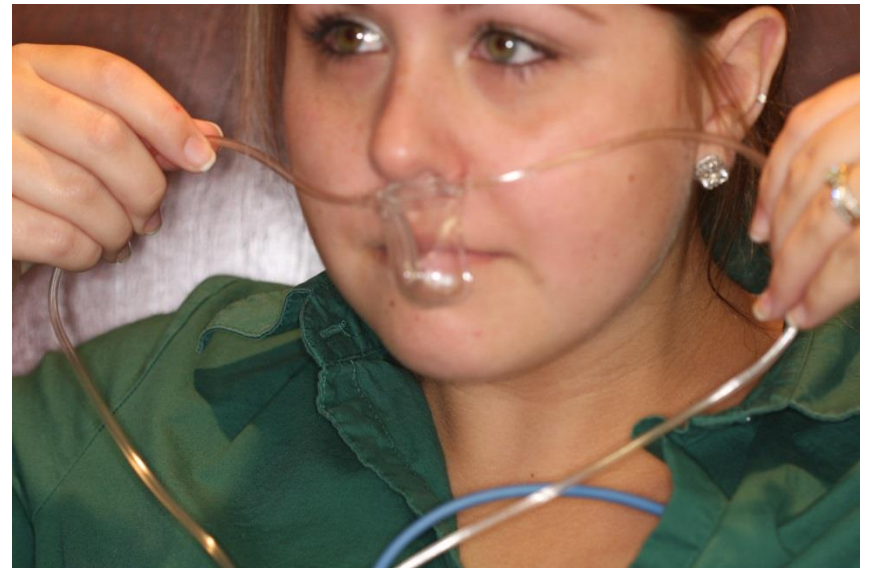




#9: The rubber prongs on the nasal cannula curve towards your nose.



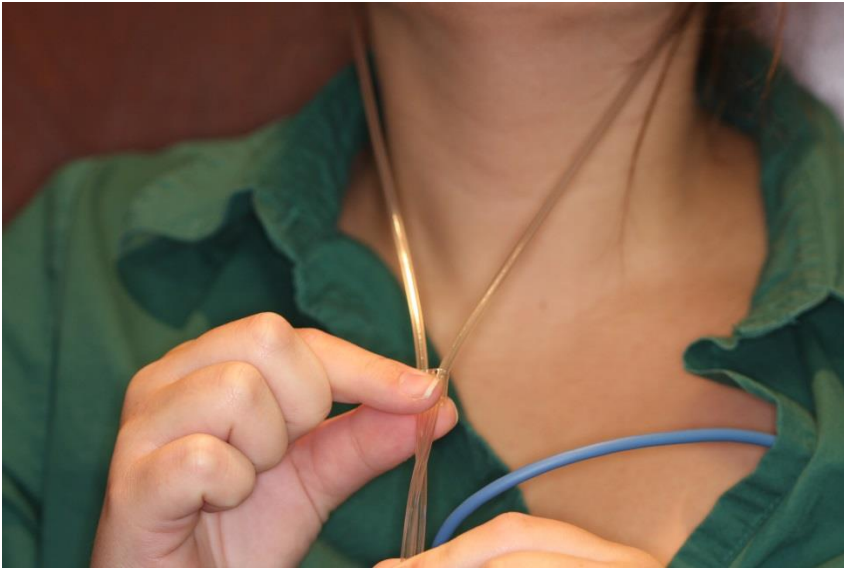
#10: Place the rubber prongs inside your nose.



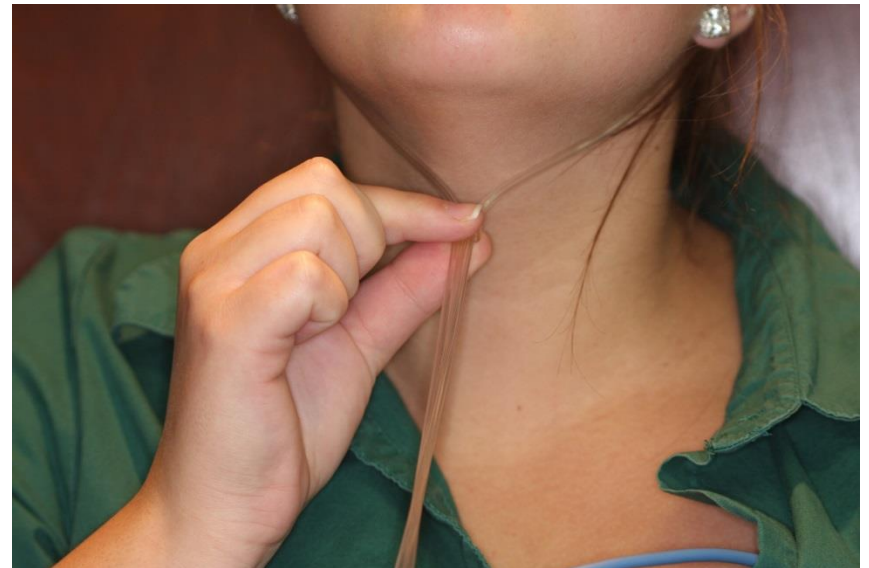




**#11: Loop the cannula around both ears.**



#12: Find the rubber stop connected on the nasal cannula.



#13: Bring the rubber stop up to chin to secure nasal cannula.



#14: Place a small piece of tape on your cheeks to secure from moving around.



#15: End result of placing tape on each cheek.



#16: Should look like this when put together.



You're ready for bed!!! The test will start automatically at your scheduled time.